



Hot Lunch Menu Autumn 2026 (1st Half Term)



Week One W/C: 7th Sept, 28th Sept, 19th Oct

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Pork Sausage Roll with Seasoned Wedges (G,E,M,Mu)	Macaroni Cheese (G,M,Mu)	Roast Beef with Roast Potatoes	Mild Homemade Chicken Curry with Wholegrain Rice (G,M,Mu,C)	Salmon Fishcake with New Potatoes (G,F)
Vegetarian	Glamorgan Sausages with Seasoned Wedges (G)		Chunky Vegetable, Lentil & Cheese Bake with Roast Potatoes (G,M,Mu)	Sweet Potato & Chickpea Curry with Wholegrain Rice (G,M,Mu,C)	Veggie Cake with New Potatoes (G)
Jacket Potato & Topping	Cheese (M)	Baked Beans	Coleslaw (E)	Tuna Mayo (F,E)	Mild Homemade Chicken Curry (G,M,Mu,C)
Vegetables	Baked Beans	Green Beans	Broccoli	Mixed Vegetables	Peas
Dessert	Chocolate Brownie or Fresh Fruit (G,E,M)	Mixed Fruit Jelly or Fresh Fruit	Banana Delight or Fresh Fruit (M)	Carrot Cake or Fresh Fruit (G,M)	Natural Yoghurt with Pineapple or Fresh Fruit (M,So)

Week Two W/C: 14th Sept, 5th Oct

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Chicken Burger with Herby Diced Potatoes (G,C)	Creamy Bacon & Mozzarella Pasta Bake (G,M,Mu)	Mild Chilli-Con-Carne with Wholegrain Rice (G)	Cheese Wheel with New Potatoes (G,M,Mu)	Breaded Pollock & Chips (G,F)
Vegetarian	Vegetable Burger with Herby Diced Potatoes (G)	Roasted Vegetable & Mixed Bean Pasta (G)	Spinach & Ricotta Cannelloni (G,E,M,Mu,So)		Creamy Leek, Cheese & Potato Bake (G,M,Mu)
Jacket Potato & Topping	Cheese (M)	Baked Beans	Wholemeal Spaghetti Hoops (G)	Tuna Mayo (F,E)	Mild Chilli-Con-Carne (G)
Vegetables	Baked Beans	Green Beans	Sweetcorn	Mixed Vegetables	Peas
Dessert	Coconut Flapjack or Fresh Fruit (G)	Raspberry Jelly or Fresh Fruit	Iced Vanilla Sponge or Fresh Fruit (G,M,E)	Caramel Mousse or Fresh Fruit (M)	Sliced Peaches with Custard or Fresh Fruit (M)

Week Three W/C: 21st Sept, 12th Oct

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Creamy Chicken & Sweetcorn Pasta Bake (G,M)	Cheese Pizza with Ridge Cut Fries (G,M)	Roast Ham with Roast Potatoes	Beef Meatballs with Wholegrain Rice (G,So,M)	Cod Fish Fingers with Mashed Potato (G,F)
Vegetarian	Tomato, Mixed Bean & Basil Pasta (G)		Chunky Vegetable & Cheese Crumble with Roast Potatoes (G,M,Mu,So)	Vegan Meatballs with Wholegrain Rice (So)	Quorn Fishless Fingers with Mashed Potato (G)
Jacket Potato & Topping	Cheese (M)	Baked Beans	BBQ Baked Beans	Tuna Mayo (F,E)	Chicken & Mixed Pepper Mayo (E)
Vegetables	Baby Carrots	Sweetcorn	Carrot & Swede	Green Beans	Peas
Dessert	Blueberry Muffin or Fresh Fruit (G,E,M,So,Se)	Strawberry Delight or Fresh Fruit (M)	Cherry Cookie or Fresh Fruit (G,E,So,M,S)	Pear Crumble with Chocolate Custard or Fresh Fruit (G,M)	Natural Yoghurt with Fruit Cocktail or Fresh Fruit (M,So)

G Contains Gluten, **M** Contains Milk, **F** Contains Fish, **E** Contains Egg, **C** Contains Celery, **S** Contains Sulphites, **Mu** Contains Mustard, **So** Contains Soya, **Se** Contains Sesame. None of our products contain Shellfish, Molluscs, Peanuts, Tree Nuts, or Lupin. Any questions or if you require the allergen key to be translated to Polish call: 02935 425447. Salad bar, Fresh bread and water available with all meals.

To ensure quality of dishes it may be necessary on occasions to offer a suitable alternative to those shown on the menu.